

DISCUSSION QUESTIONS

- Why are the students so out of control when the story begins?
- How is Principal Gumambo different from the principal at your school?
- Why do you think it's important to choose healthy snacks like carrots and hummus over cookies and chips?
- Ms. Chickpea says, "The more junk food you eat, the more you want." Do you think that's true?
- Who is Aqualady and what role does she play in the story?
- Why is water better for your body than soda? What makes soda a junk food?
- What does Veggieman mean when he tells the kids that "choice is a superpower"?
- Do you think the kids in Niko's school will go back to eating junk food after meeting Veggieman?
- Who is your favorite character in the story? Why?
- What are your favorite healthy foods?
- If you saw your friend eating junk food, what would you do?
- Should kids be the only ones to make healthy food choices? Is it ok for grown ups to eat junk food?

